

6. A medical device according to claim 5 in the form of a prosthetic hip joint, the hip joint having a leg portion comprising a spike and peg and a hip portion comprising a dish and a cap; wherein the spike and the cap comprise said laminar structure.

7. A medical device according to claim 5, wherein the laminar structure is formed as a cage, respective ends of the cage being securable either side of a break in a bone or to individual bones to promote regeneration of bone structure across said break or between said individual bones.

8. A medical device according to Claim 5, wherein the structure is of titanium.

9. A heat sink comprising a structure according to Claim 1, one end of said structure being capable of being affixed to a surface from which heat is to be conducted.

10. A heat sink according to claim 9, wherein the structure is of nickel, silver, gold, brass or titanium.

11. A filter element comprising a laminar structure according to Claim 1 formed as a tube.

12. A filter element according to claim 11, wherein the laminar structure is of nickel.

13. A filter element according to claim 11, wherein the laminar structure is arranged to facilitate cleaning of the filter element.

14. A method of forming a laminar structure according claim 1 comprising selectively depositing in a galvanic electroforming process a metal on a matrix arranged at the electroforming cathode to form said structure with a smooth surface formed with microholes meeting the first surface with a rounded or tapered configuration, the walls of said holes having rounded edges and diameters which formed in dependence upon the length of time the structure is placed in a galvanic bath used in said process and the desired thickness of the laminar structure.

15. A method according to claim 14, wherein the metal is nickel, gold, silver, brass or titanium.